

West Berkshire Spring Menu 2021

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week One						
04/01/2021	Option 1	Macaroni Cheese	Pork Sausage, Mashed Potatoes and Gravy	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Chicken Tikka Curry with 50/50 Rice	Fish Fingers/ Salmon Fish Fingers with Chips
25/01/2021	Option 2	Soya Spaghetti Bolognese	Vegetarian Sausages, Mashed Potato and Gravy	Vegetable Wellington with Roast Potatoes and Gravy	Lentil and Sweet Potato Curry with 50/50 Rice	Wholemeal Cheese and Tomato Quiche with Chips
22/02/2021	Vegetables	Sweet Corn Peppers	Cauliflower Cabbage	Sweede and Carrot Mash	Broccoli Carrots	Baked Beans Peas
15/03/2021	Dessert	Marble Sponge with Custard	Pineapple Cake	Fresh Fruit or Yoghurt	Apple, Cheese and Crackers	Chocolate Coccoe Cookie
		Or a choice of Yoghurt & Fresh Fruit available daily				
Week Two						
11/01/2021	Option 1	Sausage Roll with Wedges	Mexican Beet Chilli with 50/50 Rice	Roast (as advertised), Roast Potatoes and Gravy	Chicken and Red Pepper Pizza with Wedges	Fish in Batter with Chips
01/02/2021	Option 2	Tomato and Vegetable Pasta	Vegetable Hotpot	Quorn Roast Fillet with Roast Potatoes and Gravy	Chickpea Curry with 50/50 Rice	Cheese Frittata with Chips
01/03/2021	Vegetables	Sweet Corn Broccoli	Peas Carrots	Fresh Mixed Vegetables	Sweet Corn Tomatoes	Baked Beans Peas
22/03/2021	Dessert	Oaty Apple Crumble and Custard	Chocolate Cake with Chocolate Drizzle	Fresh Fruit or Yoghurt	Pear and Ginger Slice	Orange and Lemon Shortbread
		Or a choice of Yoghurt & Fresh Fruit available daily				
Week Three						
18/01/2021	Option 1	Cheese and Tomato French Bread Pizzà	Chicken and Sweet Corn Pie, New Potatoes and Gravy	Roast (as advertised), Roast Potatoes and Gravy	Cottage Pie with Gravy	Fish Fingers with Chips
08/02/2021	Option 2	Jacket Potato with BBQ Beans	Five Bean Chilli with 50/50 Rice	Potato and Courgette Stack with Roast Potatoes	Broccoli and Cheese Pasta Bake	Vegan Mexican Bean Roll with Chips
08/03/2021	Vegetables	Coleslaw Mixed Salad	Sweet Corn Broccoli	Peas Cauliflower	Green Beans Carrots	Baked Beans Peas
29/03/2021	Dessert	Oaty Cookie	Banana Sponge and Custard	Fresh Fruit or Yoghurt	Chocolate and Mandarin Brownie	Peaches and Ice Cream
		Or a choice of Yoghurt & Fresh Fruit available daily				

Added Plant Power
 Vegan
 Wholemeal

Available Daily:
- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:
If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.